



ABERDEEN

CITY COUNCIL

Private and Confidential - Podiatry Self Referral Form

Please read accompanying leaflet '**Information for patients**' before completing the self referral form. This leaflet will provide you with information on eligibility on accessing the Podiatry Service as well as self management options for your foot condition. On completion of your form please post to the following address or email to:

Podiatry Service Aberdeen Health and Care Village 50 Frederick Street Aberdeen, AB24 5HY Email: nhsg.podiatryselfreferral@nhs.net

Your self referral will be reviewed by the Podiatrist and you will be contacted by letter with the outcome, this may include an assessment or self management options.

Patient Details			
Surname:	Date of Birth: dd mm	уу	
Forename:	Contact Number:		
Address:	Contact by Text Message:	Yes	No 🗌
	Date of Referral Received:	dd mm	уу
Postcode:	Referral Completed:	dd mm	уу
Have you received treatment from a Podiatrist before (if yes, pleas	e provide more detail e.g foot con	dition, Location of	Podiatrist, etc)
Please describe your foot problem (e.g. duration of problem, type	of pain experienced, self treatmer	nt options used)	
Do you have any existing medical conditions (e.g. Diabetes, Renal I	Disease, Rheumatoid Arthritis)	Yes	No
If yes please detail:			
Do you have any mobility concerns (e.g. use of walking aid, whee	lchair, chair/bed bound)	Yes	No
If yes please detail:			
To support the assessment of your referral, the Podiatrist would re Key Information Summary. Are you in agreement for the Podiatrist		Ves	d within your
Patient Signature:			
This form has been completed by the patient or patients representative	(please tick appropriate box).	Yes	No

Affix stamp here

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